



## Largo Arts Week (LAW 2023)

For more pictures & reports, look at pages 7, 8 and 13

*This photo from Largo Camera Club*

## September 2023

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## Editorial

We usually distribute in the first week of the publication month. For Christmas, however, we try to get the magazine out in the last week of November. This is why our deadlines (below) are slightly different. Please help us to achieve our aim by responding quickly with an advert or a report you would like to be published in our next Issue.

In the past, we have often appealed for people to help produce the magazine. Today, we would like to praise those who deliver *Largo Links*. Our free-to-every-household in our area is sustainable only by these volunteers. Your donations and adverts pay for the printing costs, but without a delivery service – there would not be the newsletter we have today.



A reader informed us about the mobile library, and asked why we included the PO van, but not this timetable. The short answer is – we did not know about the library van! (There is an article on page 23).

If you think that there is a service announcement that we **SHOULD** be carrying, please let us know.

Deadlines for the next issue are:

**Distribution** in November

**Advertising** by 1 November

**Reports** by 1 November

## Donations

There are collecting cans in Stuart the Baker's shop, in Zubi's shop, and in the Library. We are very grateful to all who contribute to our publication in this way. You may, of course, send your donation directly to the Editor. We have a postbox in the Library.

### by Text or Online

You can send us £3 directly through a smartphone (see the instructions in the box in the next column).



Or, if you are feeling a little more generous, you can go online and send us whatever you care to give. And, if you can register for Gift Aid, your donation will be that much more valuable.

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<sup>‡</sup> **LARGO COMMUNITIES TOGETHER** needs to raise funds for this and for other charitable purposes

<sup>‡</sup>



If you would like to see more of Iain Green's cartoons, visit his Facebook page:



Iain Green Art

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### The Post Office

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Mondays:	Lundin Links	9.00 - 10.00
	Upper Largo	10.15 - 11.15
Tuesdays:	Lower Largo	10.15 - 11.15
	Lundin Links	11.20 - 12.20
Wednesdays:	Lundin Links	10.15 - 11.15
	Upper Largo	11.25 - 11.55

These times were correct at the time of publication.

They may be subject to change.



The Editor is James Kay.  
He has been ably assisted by:  
Eileen Reynolds, Fiona  
McCaul, John Ross, Roger  
Ferguson and Tina Campbell.

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## Miss Gladys Ogilvie Shepherd MBE

On 30th June a much-loved and well-respected member of the local community, Miss Gladys Shepherd, celebrated her 100th birthday. Gladys was born in Edinburgh but at an early age moved to Lundin Links with her parents, older brother Bill and younger sister Vilma. Her father was a Brigadier in the Army and her Grandfather a lawyer in



Leven. Even as a youngster, Gladys had a tremendous interest in animals, especially dogs and horses.

Soon after war broke out Gladys joined the Women's Land Army and was sent to Balgrummo Farm near Leven. She and the other girls there all slept in the attic. They were up at 5 a.m. to milk the cows, then would come back for a bowl of porridge before going out to labour in the fields by day and then milking again in the evening. It was hard work. She kept a horse on the farm and on a Sunday evening would ride home for a hot bath!

Towards the end of the war, she had to return home as both her parents had longstanding health problems and she and her sister cared for them. She maintained her interest in horses and dogs. She supported the Fife Foxhounds and bred and trained dogs over most of her life. She won many prizes at Crufts and was nationally recognised for her knowledge and skill. A few years ago she

was awarded an MBE for her longstanding support of the Royal Dick Vet. College. Only recently has she slowed up a little, but it is not so long ago she would work in her garden and drive her car to visit friends. All who know her would agree she is a woman of indomitable spirit, great kindness and possessing a fine sense of humour. Her birthday was celebrated in

style at Monturpie when she hosted a lunch for a large gathering of family and friends, many of whom had travelled considerable distances to be there.

### Largo Cottages



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Home visits by appointment



As we savour the last few weeks of summer, doing the things that only feel possible when the sun is shining and the days are long, it's difficult to believe that issue 13 of *Largo Links* comes out in December (gasps of disbelief!) We've decided to add some extra sparkle to this next issue, **celebrating everything and anything to do with 'Largo Links in Winter'**. Inspired by the Christmas Carol and in keeping with the overall theme of the magazine, we want to feature winters past, present and future!

### What does that mean?

- **For regular contributors - including advertisers** - can you put a winter spin on your next submission? Perhaps it's a trip down memory lane with a picture of a pantomime past, or a winning winter recipe.
- **For our readers**, maybe it's sharing a special memory that sums up our community in winter. Have a think, we're sure you'll come up with something!
- **Photos, photos, photos!** Just as we've done for Largo Arts week on the opposite page, we want to make a collage of our village in winter.

**Photos & memories to:** [editorlargolinks@gmail.com](mailto:editorlargolinks@gmail.com)

This will only be possible with your help, so get in touch and let's spread some local festive cheer this winter!

## Penny & Black, Lundin Links



### Opening Hours:

**Thursday 10.00 - 4.30; Friday 10.00 – 4.30**

**Saturday 10.00 – 4.30; Sunday 12.00 – 4.00**



Some more views of Largo Arts Week 2023  
Some taken by the Camera Club, and some by the organisers of LAW.



## Largo Arts Week's Firm Foundations

Largo has long attracted the creative and the artistic to its shores. Hugh Cameron RSA RSW (1835-1918) rented Viewforth, east of the Temple, for several years circa 1900 and from there created many of his masterpieces featuring Largo Bay. A couple of decades later, it was Scottish Colourist George Leslie Hunter (1877-1931) who returned year after year to Largo – painting the Pier, the Crusoe, the beach and even Drum Lodge and Dunkirk Cottage. Acclaimed artists from the past have also been Largo born. The extremely talented Ballingall brothers included engraver William (1840-1919), seascape artist Alexander (1847-1913) and cork-cutter turned painter John (1859-1919) – who had an exhibition room opposite Largo St David's Church in the late 1890s. All the villages have had arts and antique shops over the years. Lower Largo once boasted the Loomshop Gallery and Gillies Studio, both of which held regular art exhibitions. The Montrave Hall in Lundin Links has hosted frequent art exhibitions put on by the Largo Bay Art Society. Tucked away in Lundin Links was once the gem that was Norman Grant's Dust Jewellery workshop. Until recently, arts and crafts shop, Very Crafty, was a fixture in Lower Largo.

As well as local talent for painting, including artists such as Irene Wood and Martin Anderson (who still has a studio on Main Street), art in many other forms has also sprung from Largo. Pottery was produced here by Anne Lightwood between 1972 and 1984 before a devastating fire destroyed the pottery-

making premises. Sculptor Alan Faulds has left his mark on Lower Largo in recent years with works such as Malagan (2008) in his garden on Main Street and the Largo Obelisk at The Orry.

In the wider creative arts, the Lundie Theatre Group has long provided entertainment to the community with their regular productions. And for many years locals were taught to dance at Ida Ballingall's Robinson Crusoe School of Dancing. Who can forget the film-making talents of postman Ernest Mackie, who cajoled many a local into taking a role in his humorous films of Largo life. Professional film crews have also descended on Largo over the years to capture footage for shows such as 1987 drama series *Tutti Frutti* and long-running travel series *Weir's Way*.

Over the years, the entire community have poured their creative efforts into fetes, fairs, festivals and galas. Decorating the villages, putting together fancy-dress costumes, reenacting historic events and inventing innovative machines upon which to fly off the pier are just some of the ways that Largo folks have demonstrated their creative flair. So, when Largo Arts Week was established in 2019, it was upon a long-standing firm foundation of creative talent. This annual celebration has shone a light on the huge array of creative endeavour that continues to flourish in Largo today and will help to cement Largo's reputation as a cradle of creativity long into the future.

Those interested can read more about local history at: [lundinlinks.weebly.com](http://lundinlinks.weebly.com)

## Largo Library & Community Hub

7 Lundin Square, Crescent Road, Lundin Links

### Opening Times:

Tuesday:	2 – 5pm
Wednesday:	10am – 1pm
Thursday:	10am - 1pm and 2 - 5pm
Saturday:	10am-1pm

We are planning a number of exciting events during Book Week Scotland (13-19 November). This includes the Open Mic Night on Friday 17 November where you can share an extract from your favourite book or just come along to listen. The bar will be open, and you may be inspired to borrow something different! There'll also be something for the kids (keep reading for more information)!



We continue to offer:

- Printing and photocopying in small quantity (10p black, 20p colour).
- Free Wi-Fi.
- Space for community groups to hire (out with library opening times) £10 per hour or, for regular groups, £2 donation per person attending.
- Recently published Audio Books and top ten Books – all available to borrow now.

### Events for Children:

As well as our great selection of children's books available to borrow, membership is free and we run regular events including:

- **Book Bugs** sessions for pre-school children, held fortnightly during term-time

- **Book Bairns** story-telling sessions for primary school children, held every Tuesday at 3.15pm. There are two special sessions planned during Book Week Scotland. Tuesday 14 November at 3:15 with local author Andrew Steed and Saturday 18 November at 12 noon - The Grand Adventures of Lucky and Buddy by author June Campbell.
- **Science Saturday** events aimed at primary school children are at 1pm. Dates for the diary include: Saturday 28 October – Climate Change and Saturday 25 November - Earthquakes and Volcanoes with the Geobus from St. Andrews University.
- **Family Festive Film** will be shown on Saturday 9 December – details to follow!

The best way to find out about events is to join the Library and subscribe to the newsletter. Just fill out a form in the Library, it's free to join! Or email us at: [largolibraryfife@gmail.com](mailto:largolibraryfife@gmail.com)

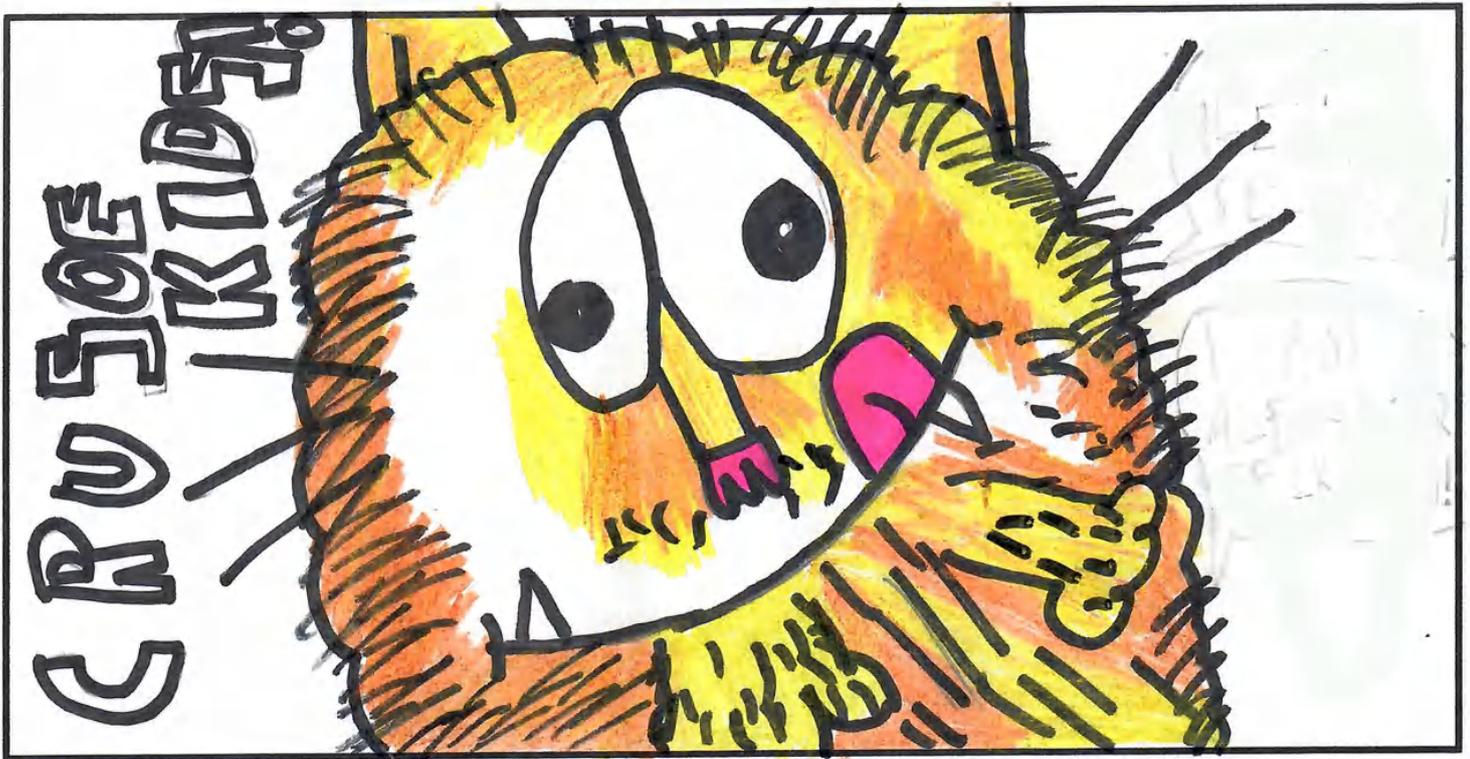


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## Crusoe Kids...

... is back with another two packed pages especially for you, our younger readers! In this edition we'll be taking a look back on your hugely successful sports day, as well as forward with the launch of the Crusoe Kids takeover. We've your usual favourites too, including jokes and games to keep you all out of mischief! Happy reading and don't forget to get in touch if you've something you want to share. We'd love to hear from you.

[largolinksreporter@gmail.com](mailto:largolinksreporter@gmail.com)

## Can we get a whoop whoop...

...for Rebecca and her winning entry in our design for the Crusoe Kids page header. We think she's captured the essence of Waffles the cat purrfectly! We received an amazing 45 entries to our competition and selected five winners. We'll be featuring a different design in each upcoming issue. Keep those cat's eyes peeled, the December winner could be you!

## The Crusoe Kids Takeover!



Want to be the Crusoe Kids boss? With our help and support we want to hand these pages over to you. Get in touch if you're interested in becoming our very first Junior Reporters. Speak to Mrs Gold at school or email:

[largolinksreporter@gmail.com](mailto:largolinksreporter@gmail.com)

## The Cat Café Conundrum

Unbeknown to his owners, Waffles has mischievously snuck off to the Crusoe Cat Café, but what did he order? Read the clues to solve the mystery!



### The item Waffle ordered

- |                    |                |
|--------------------|----------------|
| 1. Was not melting | 2. Was smiling |
| 3. Had sprinkles   | 4. Had a tail  |

## Celebrating Community at Lundin Mill Sports Day

Do you remember we talked about National Volunteers' week in our last issue? It takes place every year during June and recognises the fantastic contribution volunteers make to our local communities. Well, a huge congratulations to all the pupils, teachers, staff, parents and carers at Lundin Mill Primary school who raised over £1,000 for school funds during their gloriously sunny June Sports Day. On behalf of the school, a huge thank you to everyone who gave of their time to support the day. It's what fundraising and volunteering is all about!



## Waffles the Cat Paws for Thought

Do the summer holidays seem a distant memory already? Good luck to all our Crusoe Kids with the new school year, we hope it's a good one!

And don't forget:

**How do you get straight A's at school?**

(Turn to page 20 to reveal the secret!)

**Local arts and crafts  
Dogs welcome**



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## Largo Arts Week 2023

Sunday 23rd July saw the end of the 4th annual Largo Arts Week. The Best Dressed Blues Band, who opened the week at the Upper Largo Hotel, closed the festivities in the sunshine on the pier outside the Crusoe Hotel.

Once again visitors and locals alike were treated to an array of arts and crafts from 60 artists and makers over 37 studios throughout Lundin Links, Upper and Lower Largo. In the main the weather gods smiled upon us, apart from the high winds over the first weekend. Unfortunately this proved too challenging for some of the gazebo-based exhibitors. Thankfully, community spirit prevailed with neighbours and friends offering alternative venues. Everything worked out well in the end.

The Largo Painting Competition was spiced up this year by the addition of a TV camera crew filming the 3rd series of *Life On The Bay* for BBC Scotland. Keep an eye out when it's aired next year to see some weel-kent local faces on the small screen. Thank you to Zubair's Shop for ensuring none of the younger contestants went home empty-handed by providing them all with an ice cream.

In the evenings we were entertained by an eclectic mix of events across the Upper Largo Hotel, the Crusoe and the Aurrie. Highlights being the ever-funny Fred McAuley at the Aurrie and a surprise guest appearance by Hot Chocolate's lead singer, Kennie Simon, during Rewind's set at the Crusoe. Upper Largo Hotel regulars, Passing Sages and the aforementioned Best Dressed Blues Band were as enjoyable as ever and, of course, our very own local rock band, Astral Suns, had the Upper Largo Hotel bursting at the seams with their usual stellar performances. Newcomers, Edinburgh indie band, Sleekit, offered a taste of their forthcoming album and going by their stage persona and catchy melodies they are certainly ones to watch.

All in all, too much to mention in so few words. An enormous thank you to all of the Open Studio artists, performers, staff and management at the Upper Largo Hotel, Railway Inn, Crusoe, Aurrie, Eddie and the bunting team and, of course, the community as a whole for supporting Largo Arts Week.

So roll on Largo Arts Week 2024 when we celebrate our 5th anniversary. Plans are already underway to make it special. The dates are 13th - 21st July. In the meantime, don't forget the return of Largo Arts Winter Weekend on 2nd & 3rd December.



## Episcopacy

Largo Kirk has not been immune from discord caused by national events. At the restoration of the monarchy in 1660 the government of the church became Episcopal being forced on Scotland by King Charles II. The minister at the time in Largo was Rev James Makgill who was removed from office in April 1665 for refusing to accept this form of government. He was replaced by Rev John Auchinleck in November 1665 but "was ousted by the rabble\*" who closed the church doors 29th May 1689 for a period of six to seven weeks. Subsequently Rev Makgill returned to Largo in 1689 and was restored by Act of Parliament 25th April 1690.

### Editor's Note

*Alexander Selkirk was reputed to have joined ... the rabble\* which ousted Auchinleck. He would have been 13 at the time.*

## Justice Of The Peace, Cupar

Trespass in Search of Game. Robert Carmichael, miner, New Gilston, was charged with having been on the farm of Caskerdo, Ceres, on the 2<sup>nd</sup> of December, with a dog, gun, and bag, for the purpose of killing game. He pled not guilty and was defended by Mr Davidson. The defence was that the accused, who had been shooting with permission on some lands in the neighbourhood was, when found on the farm of Caskerdo, on his way to ask leave from Mr Robertson, farmer, to get a day's shooting over it. The crown found the charge proven, and imposed a fine of £1, with £2.18s.3d of expenses.

*Fife Herald 4/1/1832*



The Scottish Parliament  
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# Jenny Gilruth MSP

MID FIFE & GLENROTHES

As your local MSP, I am available to assist and advise you on the issues which matter to you and your community.

You can reach me and my team through the details below -

☎ 01592 764 815

✉ jenny.gilruth.msp@parliament.scot

👤 Jenny Gilruth MSP

📍 12 Commercial Street,  
Markinch, Fife, KY7 6DE



COVERING LUNDIN LINKS & THE LARGOS

## Lundie Theatre Group

Our Spring performance of *Ladies Day* by Amanda Whittington seems such a long time ago, but what fun we had rehearsing and putting it on for our, as always, supportive and appreciative audience.



Since then, the members of Lundie Theatre Group have not been idle. We have spent many an evening together reading through potential plays for our show in November. This is not a pantomime year, so we have been taking great care to find a play our loyal audience will enjoy...and it is proving to be a difficult task to find just the right one (or two)! We have read comedies, tragedies, murder mysteries and everything in between. There are a few plays that we are keeping up our sleeves for future years, but at present the jury is still out on the next one. However, by the time you read this article the decision will have been made and the auditions complete.

As always, we welcome new members, be they interested in acting on stage, directing or working behind the scenes on the set design, lighting, sounds or costumes.

Please contact us via our Facebook page @LundieTheatreGroup or via email [LundieTheatreGroup@gmail.com](mailto:LundieTheatreGroup@gmail.com)

## The Arts Society Fife

(Known by the name of Fife Decorative and Fine Arts Society, registered charity SC038862)

The Arts Society Fife starts back with arts lectures on Tuesday 12 September 2023. Our first lecture of this session will be presented by Professor Frances Fowle on "Vincent van Gogh: The Scottish Connection". This talk will explore Scotland's early taste for the work of Vincent van Gogh, thanks to the artist's friendship with the Glasgow dealer Alexander Reid. It will also reveal the circumstances surrounding the recently discovered Van Gogh self-portrait at the National Galleries of Scotland.

Our lecture programme runs from September until June each year. Lectures are held in The Corn Exchange, Cupar, commencing 2pm. Teas and coffees are served after lectures and we support local arts and heritage projects. New members and visitors are always welcome.

Our lectures October to December are:

- 10 October "Zika and Lida Ascher: Post War Textile Visionaries" by Ashley Gray
- 14 November "Stone on Stone: The Men who Built Cathedrals" by Imogen Corrigan
- 12 December "Upstairs and Downstairs with Christmas" by Simon Williams
- 2024: 9 January: "A History of Bookbinding" by Caroline Bendix.

For further information, please visit:

[theartsocietyfife.org.uk](http://theartsocietyfife.org.uk)

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Officers and men of the Fife Light Horse leaving for South Africa and the Boer War.

This picture is from a book, *Seatoun of Largo*, which may be consulted in the Library.

## Holistic therapies for women in my peaceful garden therapy room in Lundin Links



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- For What's On see *Largo Links* Events Diary or keep an eye on our Facebook page.
- Facilities available for recycling glass, paper, plastic, tin and clothes in the car park

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## Recipe for September

I return to my recipe ideas again and continue to encourage use of seasonal ingredients. September is a wonderful time for lamb from our own fields, try grilling cutlets or gigot chops with a tomato salsa. Scottish tomatoes will be plentiful just now as well. Tree fruits will be available now with greengages and damsons and, of course, plums and apples very soon. All sorts of green vegetables give you a chance to work through my veg cook books!

On the wild side, look out for Chanterelles, which, as I write in July, have just harvested several kilos but they go on into the autumn. Along with brambles, and rowan berries which make a wonderful jelly to go with game.

All the usual places for produce: Blacketside, Bowhouse and Largo Walled Garden as well as East Neuk Market Garden.

### TOMATO SALSA

This is delicious with grilled meats, especially lamb, and is good to have at a barbeque, but goes equally well with oily fish, such as mackerel and salmon. Use different herbs if you like – chives are good and basil. I sometimes add chopped fresh ginger as well.

#### Ingredients

- 450g ripe tomatoes
- 2 cloves garlic, peeled and crushed with a little salt
- Grated zest and juice of a lemon
- 1 tblsp wine vinegar
- 6 tblsp olive oil
- 1 shallot, peeled and finely chopped
- 1 chilli, seeded and finely diced.
- 1 tblsp chopped parsley
- 1 tblsp chopped coriander
- Sea salt and freshly ground black pepper



#### Method

1. Blanch, skin, quarter and de-seed the tomatoes. Dice the flesh into small chunks, set aside.
2. Press the seeds and skins through a sieve and combine the juice with the herbs, garlic and chilli, discard the skins and pips.
3. Whisk together the oil and vinegar with the lemon zest and juice, to make a dressing; check for seasoning.
4. Gently combine all ingredients.

Christopher is an award-winning food writer.  
Current books Coasts and Waters, The British Seafood Cookbook, Beetroot, Courgette, Kale, Carrot, Cauliflower, Tomato and Broccoli only £7.50 direct from me!

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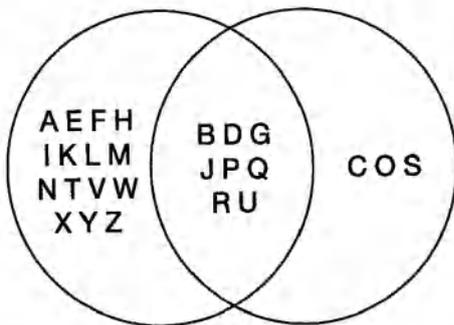
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email: david.w.nicoll@hotmail.co.uk

## Puzzle Page

### Brainteasers

- 1 If a pen & notepad cost £1.10, and the notepad costs £1 more than the pen, then how much is the pen?
- 2 What is the rule for grouping these three sets of letters?



- 3 San Seriffe is a country which has two gold coins, valued at \$10 and \$20. Which is worth more: a kilo of \$10 coins, or half-a-kilo of \$20 coins?
- 4 It is raining at midnight. Will there be sunny weather in 72 hours?
- 5 How should we pronounce the word: GHOTI? (*Hint: Look at these words*)  
couGH; wOMen; naTlon

### Countdown

Use these numbers, with the signs + - x ÷ to make the number shown in **bold**.

8	5	5	4	2	1	<b>134</b>
50	25	9	9	8	1	<b>330</b>
100	10	5	4	3	2	<b>533</b>

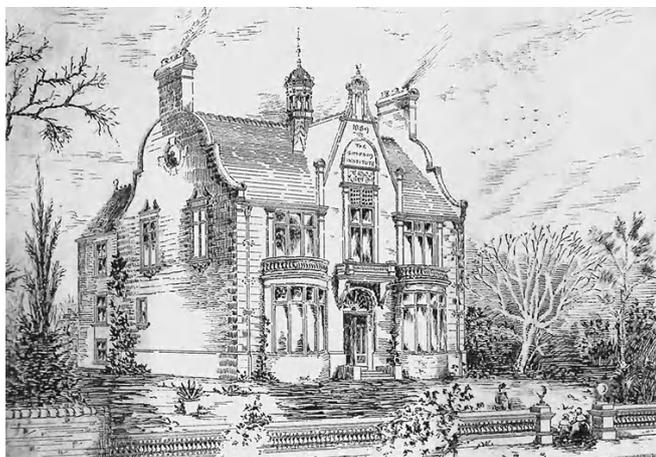
### Popular Names



These are the most popular choices for babies' names, according to the *National Records of Scotland, 2022*. Find them in the grid above:

Amelia	Archie
Emily	Freya
Grace	Harris
Isla	Jack
Leo	Luca
Millie	Noah
Oliver	Olivia
Rory	Sophie

(Solutions on Page 20)



The Simpson Institute in Upper Largo was opened in 1891. Several architects submitted designs, one of which is on the left. The picture on the right shows the design which was actually built. At the time, the *Dundee Evening Telegraph* described the building:

The building is in the old Scotch style of architecture, having crow-stepped gables, and is surmounted on the main roof by a small turret, which is used for ventilation. It contains a large hall, capable of accommodating 300 persons and there is also a library which will hold about 2000 volumes, which can be enlarged if required. Retiring rooms, lavatories, &c, are provided. The entrance hall has a ribbed plaster ceiling, with tiled dado and floor. The stone used in the construction of the building is from Burntisland quarries, and the roof is covered with green slates from Coniston. The red ridges give the Institute a simple but picturesque appearance. The building will be lighted by oil lamp pendants.

## Lundin Sports Club (*Tennis, Squash and Table Tennis*)



### Membership (Annual/Monthly)

**Family** £298/£25    **Single Parent Family** £188/£16  
**Ordinary** £160/£13    **Senior (over 60)** £99/£8  
**Unemployed** £78/£6.50    **Student** £75/£6  
**Junior (High School)** £40  
**Junior (Primary) & Hitting Partner Adult** £25

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Adult - £3/hour, Child - £2/hour,  
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Each Session    £4.00

### Coaching

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To find out more/book a court please use our Clubspark page

<https://clubspark.lta.org.uk/LundinSportsClub>

We are also on Facebook [www.facebook.com/LundinSportsClub](http://www.facebook.com/LundinSportsClub)



# Puzzle Page - Solutions



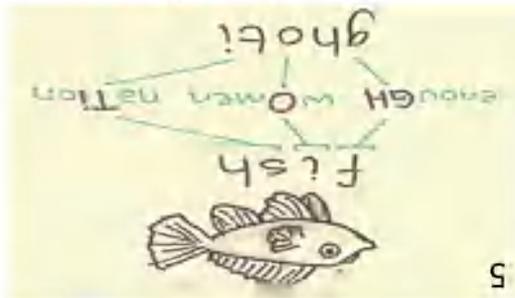
Popular Names

$$100 + 4 + 2 = 106; \quad 106 \div 5 = 530; \quad 530 + 3 = 533$$

$$25 + 8 = 33; \quad 33 \div 9 = 10; \quad 10 \div 3 = 330$$

$$8 + 5 = 13; \quad 13 \times 10 = 130; \quad 130 + 4 = 134$$

Countdown



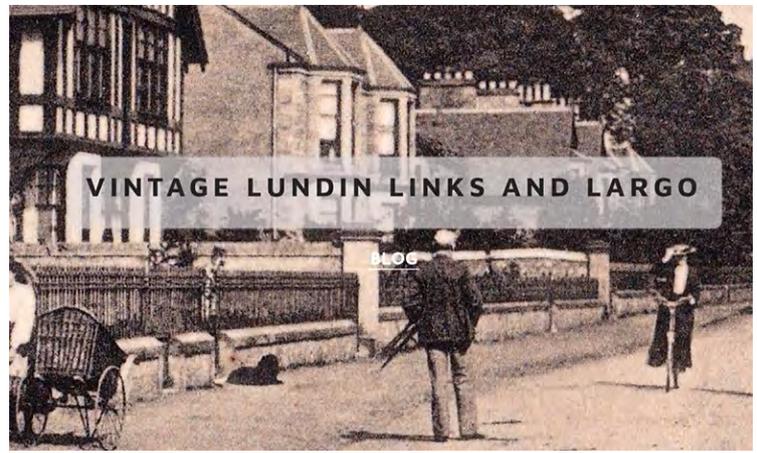
- 1 5p The pen = £0.05
- 2 Together = £1.10
- 3 The notepad = £1.05
- 4 Together = £1.10
- 5 Whether they are made from straight lines or curves (or both). A kilo of gold should be worth more than just half a kilo. No, it will still be dark.

Brain teasers



Use a ruler!

Waffles: Paws for Thought



## VINTAGE LUNDIN LINKS AND LARGO

VLL&L is a website much used by *Largo Links*. It is a blog set up to look at our villages over the years. The author of VLL&L loves social history and how people and places evolve over time. While she does not live in our area any more, she grew up here and her family has connections here.

Anyone who reads something interesting on VLL&L is invited to make comments directly into the blog comments facility. Where appropriate, comments (and messages via the 'contact' function) receive a personal reply from the author. At that point – should they wish - readers can pass on any old photos, videos, stories and memories

To read this website, go to:

[lundinlinks.weebly.com](http://lundinlinks.weebly.com)

To search for a particular item, for example: "Selcraig", type the following into your browser:

selcraig lundin weebly

We at *Largo Links* hope that, if you have not yet discovered this website, that you get many hours of enjoyment through it.



# Eugene Clarke

**Liberal Democrat Councillor for Leven, Kennoway & Largo**

If you require assistance, advice, or have questions about a Fife Council matter, you can get in touch via the contact details below



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Methil, Leven, KY8 3SW**



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## Friends Of Largo Bay Engage in Conservation and Artistic Efforts

**A Comprehensive Biodiversity Study.** Under the guidance of local resident Janice Duncan, the group has undertaken an extensive study to monitor the shores, waters, and species of Largo Bay. Supported by NatureScot, this program aims to gather critical data that reflects the area's biodiversity and habitat changes.

A recent discovery by the group, a surprise cluster of seagrass beds in the bay, has added intrigue to the study. Recognized for its vital role in providing habitat for many marine species and its ability to sequester carbon, seagrass is an incredible resource that is a focal point of national restoration efforts. Organisations like Restoration Forth have been working to restore seagrass along the Firth of Forth.

By building a species library and employing photo stations to monitor habitats, Friends of Largo Bay are working to collect information on the ever-changing environment of Largo Bay. The collected data will guide decision-making on priorities, increase local awareness, and draw on community skills to paint a rich and detailed picture of the biodiversity and value of Largo Bay.

**Artistic Endeavours: The 100 Species Project.** In collaboration with Edinburgh Shoreline's 100 Species Project, Friends of Largo Bay have channelled their creative energies into art. Locals chose the dog whelk, a seemingly unassuming but fierce and fascinating creature, as their subject. The resulting sculpture, "Gigantor," reflects many hours of hard work and creativity. Currently displayed at the Largo Library and Community Hub in Lundin Links, Gigantor embodies the collective artistic spirit of the community. Other groups, including the Largo Preschool Playgroup, the Paxton Craft Group, and the Upper Largo Camera Club, have also contributed fantastic renditions of the dog whelk. There was an event on July 29th, where children could learn about this remarkable species.

### **Largo Arts Week: Connecting with the Community.**

During the past Largo Arts Week, Friends of Largo Bay were present at the Temple Car Park, Lower Largo. The group provided opportunities for tide-dependent rockpooling, litter picking, and learning more about their conservation efforts. This event, held only during low tide when the pools were exposed, allowed the community to get hands-on with marine exploration. Participants were encouraged to bring gardening gloves for litter picking and to learn about the potential toxic effects on wildlife.



For those interested in joining or learning more about the ongoing activities email [largobay@largocommunitiestogether.org.uk](mailto:largobay@largocommunitiestogether.org.uk) By merely putting on a pair of wellies or showing a willingness to get your feet wet, you too can be part of this thriving community effort !

## Fife Mobile Library



There is a mobile library which comes to our villages. The timetable can be read at the ONFIFE website:

<https://www.onfife.com/>, in the libraries & archives section.

The next dates are:

**14, 28 Sept; 12 Oct:**

11.25 – 11.50 Woodsde  
11.55 – 12.25 New Gilston  
14.55 – 15.20 Durham Wynd  
15.25 – 15.55 Montrave Hall

**15, 29 Sep; 13 Oct:**

11.00 – 12.00 Kirkton Primary, UL  
12.15 – 12.35 Aithernie Drive, UL

The website goes on to say:

### Home Delivery Service

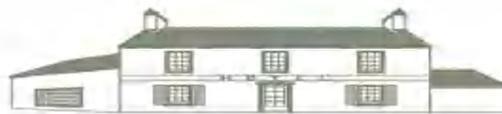
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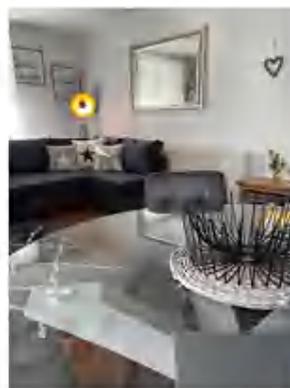


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- Palliative Care Network
- Medicines Waste Disposal
- Unscheduled Care
- Out Of Hours Services

## What's been happening in the Paxton Centre

Volunteers' Week was 1 – 7 June 2023.

Volunteers are active in the Paxton Centre and around the grounds. To acknowledge their efforts, we posted a daily 'shout out' on Facebook to our regulars during the week. We held a volunteers' lunch in the centre, and invited the regulars who attend activities to join us.

During the very hot spell, some of our lodge guests kindly watered our grass, planters and raised beds in the evening. This was greatly appreciated.

Our volunteers have been busy creating a wildlife trail, with a small grant we received. A leaflet will be available soon at reception (01333 329039).

We've made a bug hotel and created a bee & butterfly garden with lavender, sunflowers, geranium, and wildflowers. We've filled cotton nets with pinecones for ladybirds. Several bird feeding stations have been set up and bird baths are available to keep the birds cool and hydrated – although I wouldn't fancy



drinking my own bath water! A couple of hedgehog houses have been hidden in the bushes, and a small frog pond has been made using an old basin.

A timetable of all activities in the Paxton Centre is available at reception. Anyone can attend. Mindfulness classes, led by Christine Dewar of the Mindful Partnership, start up on Thursday evening at 6.30pm – everyone is welcome.

The Paxton Centre is a **community hub**. Our activities are open to **everyone**, not just disabled residents, and guests in our 9 accessible, self-catering lodges. The Centre is a safe, welcoming place

providing opportunities for inclusion, creativity, helping combat loneliness and promoting wellbeing. Many of those taking part feel more comfortable in the smaller group sizes. The Centre has many supporters in the local villages, and it is providing a valuable service within the community.

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# Largo Communities Together

## A Vision for a Thriving Community

### Insights from Deep Dive Workshops



Within the communities of the Largo Area through our Local Place Plan the dream of a thriving future isn't just a vague idea; it's a vision that is taking shape through your voices and contributions. We have gathered opinions to sketch a comprehensive picture of what our community's future should be.

#### **Abundant Green Spaces and Healthy Ocean Environment**

From the young and old, all spoke of a desire for more green spaces where they can enjoy nature and connect with the environment. Whether it's the coast or woodland walks, people crave a connection to nature. The vision extends to a commitment to healthy oceans, cleaner water, upgraded sewage systems, and reducing waste. We also talked about ways to reach people who feel 'isolated' at home, such as community meals, soup buses, or other social efforts, some of which have been happening for a long time through the LACRT and efforts in local communities.

#### **A Community for All Ages**

Our primary school children enriched our plan with their forward-thinking ideas about play equipment for all ages, wheelchair-friendly facilities, and active travel pathways. These young voices symbolise a broader desire for an all-inclusive community where everyone, regardless of age or ability, has access to what they need, including affordable housing and clean outdoor areas.

#### **Community Halls and Support Networks**

Community halls bustling with activities and well-maintained support networks form an integral part of this vision. These facilities and networks are the heartbeat of our community, providing essential support and services. There was a strong desire to protect and enhance these, securing their future for years to come. We also heard that communications about what's on could be increased and amplified.

#### **Accessible and Affordable Living**

Housing, a fundamental concern, emerged as an area needing attention. The dream is for accessible and affordable housing for all stages of life. The community acknowledged that turning this dream into reality requires time and access to land. Areas, particularly in Upper Largo, were identified that could be developed, which would also relieve parking pressure and increase the availability of accommodation for young families.

#### **Recognizing and Protecting Our Community Assets**

Our community is rich in tangible and intangible assets, from community halls and groups to the many connections and historic heritage like the Pier, to natural treasures like Largo Bay, Keil's Den, and Largo Law. These assets need protection and thoughtful development to ensure future generations continue to benefit from them.

## Communication: The Heartbeat of a Connected Community

Communication stood out as vital for a connected community. Whether it's staying informed or fostering a sense of shared purpose, strong communication is essential.

## Looking Ahead with Innovative Ideas

In addition to these primary themes, we also heard exciting ideas about:

- **Reaching Isolated people:** Programs like soup buses to help those homebound, and volunteer-led transport as well as more warm welcome drop-in cafés.
- **Engaging Young People:** Community gardens, youth programs.
- **Celebrating History and Culture:** festivals that embrace our heritage; capturing people's voices, creating a virtual museum; having a people's history project; experiences in stories; creating community-designed heritage trails and maps.
- **Fostering Intergenerational Collaboration:** Uniting all ages through shared projects encouraging younger people to use halls and join clubs.
- **Future-Proofing Community Halls:** Making them more energy-efficient and adaptable through retrofitting; using the many existing facilities we have – New Gilston Hall, Upper Largo's Simpson Institute and Stables, Montrave Hall, Durham Hall and Largo Community Library.
- **Celebrating and appreciating the many Sports Clubs:** Cricket Club, Bowling Club, The Golf Clubs, Sports Club and the Sailing Club.
- **Protecting Natural Spaces:** Like Keil's Den and Largo Law and doing study on Largo Bay's biodiversity, whilst investigating upgrades to sewage systems.
- **Regenerating Nature and Promoting Biodiversity:** Planting trees, restoring wetlands, and more; having a biodiverse area that is accessible and nurtured.
- **Cycling Resources Through the Community:** Implementing a circular economy.
- **Encouraging Community Agriculture:** Allotments, community gardens, and more to connect residents and promote healthy eating.
- **Developing Active Travel Pathways:** Connecting villages to impact many lives.

## Conclusion

The consultations provided a vivid and holistic picture of our community's assets and aspirations. From school children to the elderly, the voices have been united in wanting a thriving, inclusive, and environmentally-conscious community.

As we move forward, these insights will guide our planning, ensuring we build a community where everyone has a place, every voice is heard, and every need is met. It's an ambitious vision, but it's one we're ready to make a reality, reflecting our collective commitment, collaboration, and community spirit.

To help make this dream a reality, to add yourself to our list of volunteers or get on our mailing list, email or phone Priya at:

[priya@largocommunitiestogether.org.uk](mailto:priya@largocommunitiestogether.org.uk)

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## Coastbusters – Community Walking Group

Join us on the fourth Saturday of every month. All our walks are in Fife and are typically around 6-9 miles long. We set off about 10:30am from meeting points reached by bus if possible (car sharing is encouraged). If you're interested in joining us, or for more information, please follow the **Coastbusters - Community Walking Group** on Facebook, or contact Yvonne Stephenson:

[stephensonyjw@gmail.com](mailto:stephensonyjw@gmail.com)

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### Upcoming walks:

- Saturday 23 September
- Saturday 28 October
- Saturday 25 November
- Saturday 23 December

## Lundin Links Bridge Club

The 2022/23 season finished with a member's lunch followed by bridge at the Upper Largo Hotel on Tuesday 25<sup>th</sup> April.



- The winter season starts on Tuesday 3<sup>rd</sup> October 2023
- Why not come along and join us?
- You can come on your own
- Beginners welcome.

We play friendly bridge each Tuesday evening at the Durham Hall which is located on Durham Wynd opposite the junction with Station Park, Lower Largo. We start at 6.30pm. For further information call Ian Ritchie on:

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## Largo Links Pier

I would like to update you on recent developments on the Pier project. Since the early days of the project, the Pier Group has been working with a civil and marine engineer consultant on the design for a renovated pier. This has taken us through to RIBA Stage 3 and the production of a fully costed proposal, drawings, and other associated materials. At this stage in the project, we have taken the decision to engage with a new consultant design engineer to take us through the next phase.

All the work that has been completed so far will allow the new engineers to make rapid progress.

On behalf of the Pier Group, I would like to thank you for showing such an interest in our work and I would like to reassure you that your donations are being put to good use. We will continue to share updates as the project progresses via articles like this one in Largo Links magazine and on the Largo Communities Together website.

Thank you for your continued support and encouragement.

Jimmy Simpson

Chair, Pier Subgroup of Largo Communities Together

---



## Emsdorf Street

A view of Emsdorf Street, taken in 1929. The *La Scala* cinema is on the left. This building was later used as a restaurant. It closed and was demolished in the 1980's.

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## General S F Sosabowski

I didn't know my great grandfather well, I was two when he died. His son, Dr Major S J Sosabowski would often tell me about him. He was a soldier's General. This was partly because,

unlike most officers, he had been conscripted into the Austrian Army and fought in WW1; he often described this as Polish boys in Austrian uniforms killing Polish boys in Russian uniforms. The fact that he had worked his way through the ranks would come back later to affect his relationships with other officers at Arnhem.

I often walk around Largo House when I am in Scotland – nature is clearly reclaiming what was hers and the calm melancholy it exudes is almost reassuring. I do like to think of the house in happier times when 1st Polish Independent Parachute Brigade was there.

The Monkey Grove was what looked like a children's adventure playground; it was their training ground. One of the big innovations that was developed was the *Parachute Tower*. This allowed the same para to execute several jumps per hour rather than one or two per day via aircraft.

The cold hard reality was the General Sosabowski's fate was sealed before the first para had exited a Dakota over Arnhem. He made the mistake of being right, having said something along the lines of: *What of the Germans? What of the Germans? Do you not think that since we know how vital that bridge is to their success that they might know this too?* After Operation Market Garden, General Browning wrote a scathing letter to the Imperial General Staff requiring the removal of General Sosabowski on account of his being "difficult to work with ..." On 9th December 1944, the Polish President-in-exile, Wladyslaw Raczkiwicz, under pressure from the British command, wrote to General Sosabowski and informed him that he was relieved of his post. The General resigned his commission and told his soldiers who went on hunger strike: *"My boys, do not do this, I shall not kiss the colours (the traditional last act of an outgoing commander) ... I will be gone physically but will always be here spiritually."*

He left the Brigade and, after the war, was unable to return to Poland; where he would have been, at best, imprisoned or, at worst, executed. He had £300 in savings and no pension. He was employed in Acton as a storeman at CAV Electronics. He would drive his forklift around the factory where many of his soldiers also worked; and to the bemusements of the non-Polish operatives his soldiers would often snap to attention and salute. To most of the operatives at CAV he was Stan the Storeman but at weekends he was again General Sosabowski and used to travel around giving lectures and after-dinner speeches.

He was a true patriot and dearly wished to revisit Poland but would only do so after he had died. His body was allowed to be repatriated and interred in the family vault

in the Powaski Military Cemetery in Warsaw. His son Stasinek was allowed to take his father to Poland, this was because the then Polish airborne led by General Rozłubirski, who - although was a Communist CIC - was a soldier's General like my great grandfather. Moreover, Sosabowski's colleague was General Kuropieska, one of the creators of the airborne forces in Poland, using the experience of the Brigade officers. He was very sympathetic to Sosabowski and made it possible for Stasinek to attend.

Mercurial, obstinate, stubborn and direct; he was all these things and the polar opposite of the British Officer class. He was a talented soldier and leader and of all things that he wanted, the affection of his soldiers was uppermost.

In his book *Droga Wiodła Ugorem* (The Road was Fallow) he wrote: *My life was tough and fallow. I don't regret what I experienced and if I was told go again the same way I would not hesitate to do that.*

How many of us could say that?

*Professor Hal Sosabowski,  
great grandson of the General*



*Four generations of the Sosabowski family  
The General is holding the author*

**Editor's note:** Professor Sosabowski gave a talk last year at the Simpson Institute about the General and his involvement with Fife. It will be repeated this year at Falkland, which is another place used by 1st Polish Independent Parachute Brigade for training before Operation Market Garden. There are other events planned in Largo for next year, and we will be sure to include them in our Events Diary.

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## Largo Parish Church

**400<sup>th</sup> Anniversary Celebrations.** With the Church celebrating the 400<sup>th</sup> anniversary of the oldest part of the building (*see the article in the last issue*), September is going to be an important month. The 400<sup>th</sup> anniversary celebrations will begin on Sunday 24 September when the Right Reverend Sally Foster-Fulton, the present Moderator of the General Assembly of the Church of Scotland, will be the guest preacher at 6.00pm.



The celebrations will continue through the week and with a flower festival in the sanctuary from *28 to 30 September*. Guided tours of the church will be led by Ian Anderson and Alex Lawrie and special tours will be arranged with the primary school so the children have an opportunity to learn about the fascinating history of the church and its community. Our organist, Lesley Henderson, is arranging a Songs of Praise service on the evening of *28 September (7.00pm)*. And on *29 September (7.00pm)* Sally Foster, Professor in Heritage/Conversation at the University of Stirling, will join Ian Anderson and Alex Lawrie to explore the history of Largo Parish Church and the Largo Stone.

On *Sunday 01 October 2023* we will welcome another former Moderator, the Very Rev Colin Sinclair, as the guest preacher to the morning service. Following the service there will be a congregational lunch held at the Old Manor Hotel. Everyone is welcome to all of the services and varied events and activities and you will be warmly welcomed.

**Children And Family Worker.** We expect to appoint a part-time children and family worker to engage with the schools and with the many young families in the community. Details of the post are available from the Church of Scotland website but also from Russell Barr, Largo's locum minister, at [gbarr@churchofscotland.org.uk](mailto:gbarr@churchofscotland.org.uk)

**Better Disabled Access.** Whether on a Sunday morning, or at wedding or funeral services, we are aware there are people attending the church who have problems with their mobility or who require to use a wheelchair. With that in mind one of the improvements we are planning to make to the sanctuary is improved disabled access. Consultations have been taking place and we are planning to improve the access soon.

**Digital Technology.** Another improvement we would like to make concerns our use of digital technology. At the moment our Sunday services are recorded and appear on the church website in video form. Live streaming our Sunday services is something we would like to investigate and, with families living far and wide, having the capacity to live stream a wedding or a funeral service has become increasingly important. **However we need help** – and so this is an appeal to you or someone you know who has the knowledge, skill and interest to help us install and maintain the technology.

**Pastoral Care.** Meanwhile the normal life of the congregation continues with Sunday services (10.30am) being held in the sanctuary with the service on the last Sunday of the month (10.30 am) being held in the Durham Halls. Russell is also available to support you in the event of a bereavement, and will be glad to help you arrange a funeral service. If you would like to find out about having your child baptised, or if you want to enquire about being married in the church, please contact Russell.

Your point of contact is Russell Barr, our locum minister:

**Email:** [gbarr@churchofscotland.org.uk](mailto:gbarr@churchofscotland.org.uk) or **Tel:** 01334 781142

## Keil Burn



The word 'Keil' is a very familiar one in Largo. The Keil Burn intersects the Parish, from Pirrwindy, where it forms at the confluence of the Gilston Burn & the Boghall Burn, flowing south for a couple of miles before emptying into the sea at Largo Harbour. (The map at the side does not extend as far North as Pirrwindy). For much of its journey, the burn flows through Keil's Den - the long, narrow glen of ancient woodland that stretches north to south. Several local

buildings have had names that reflect their proximity to the burn and den, including Keil Bank Cottage, Keil's Den Cottage and Keilside Bakery. So what might the origins of the word 'Keil' be? The Fife Place Name database makes a credible suggestion in its entry for the Keil Burn. Essentially, this states that the name derives from the Scots word 'keel' meaning red ochre. There are deposits of ochre in several places in the parish of Largo. While much of this is yellow ochre, it can be converted to red ochre by heating.

## Scots Words

We present an occasional series of words from *A Dictionary of the Scottish Language*, by Cleishbotham\* the Younger. In the preface, he says that it contains:

‘... every word of importance used by Ramsay, Fergusson, Burns, and Scott as well as the more modern† authors ...’

\*Cleishbotham was an imaginary editor in Walter Scott's *Tales of My Landlord*.

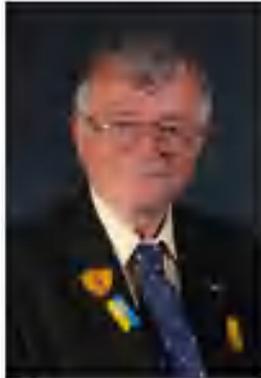
†Written in 1897!

ABSTINENCE	a truce, cessation of arms
ABOON , ABOW , ABUNE	<b>above</b>
AFF	off, away
AFF-HAND	extempore, unpremeditated, plain, blunt
AGLEE, AGLEY, AGLIE, AGLY	in the wrong direction; inclining more to one side than the other
AIRT	direction, to mark out a certain course
ALIENAIRE	a stranger
ARGIE-BARGIE	to argue, to dispute
ARNA	are not
ARSOUN	buttocks
ASHET	a large plate
ASS	ashes
ASSHOLE	place for receiving ashes under the grate
ALLOW	to approve of
AULD	old
AULD-ANE, AULD-CLOOTY	the devil
AULD-LANG-SYNE	other times, a day of other years
AULD -MITHER	grandmother, mother-in-law
AVOKE	to call away
AWAWARD	the vanguard
AWP	a curlew, a bird
AX	to ask
AYONT	beyond



# Scottish National Party

Councillors for Leven, Kennoway & Largo



## David Alexander

C/o Members Services

Fife House

Glenrothes, KY7 5LT

Tel: 01333 351014



## Alistair Suttie

C/o Members Services

Fife House

Glenrothes, KY7 5LT

Tel: 07515 289170

Address: 39 Hill Road  
Kennoway  
KY8 5GH

Address: 9 Coldstream Avenue  
Leven  
KY8 5TN

Email: [cllr.david.alexander@fife.gov.uk](mailto:cllr.david.alexander@fife.gov.uk)

Email: [cllr.alistair.suttie@fife.gov.uk](mailto:cllr.alistair.suttie@fife.gov.uk)



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# PRATIS BARNNS

p r e s e n t s



## SEPTEMBER

Sunday 17th - Breathe at the Barns

## NOVEMBER

Sunday 19th - The Winter Collective

Sunday 26th - Festive Workshops

## DECEMBER

Friday 8th & Saturday 9th - Christmas Party Nights

Sunday 10th - Christmas Lunch

Saturday 16th & Sunday 17th - Santa Visits Pratis

Sunday 31st - Hogmanay Party

For more information & to book your tickets

[pratisbarnns.com](http://pratisbarnns.com)



## Transformation of Silverburn's flax mill gets underway

After almost 11 years of planning and fundraising, Fife Employment Access Trust (FEAT), has announced that renovations will start during August 2023, bringing a new lease of life to the semi-derelict mill.

**There'll be something for everyone.** Expected to take over two years to complete, the current space will be transformed into a visitor centre and community hub, with a café/restaurant, backpackers' hostel, artist studios, shop, flexible/community spaces and offices for staff. The renovated building will also celebrate the rich industrial, social and natural heritage and history of Silverburn Park and the mill through displays and exhibition space.

**It's business as usual until opening.** Despite the construction works, the Park continues to offer a variety of events, activities and volunteering opportunities for local people. **Camping and glamping** remain available all year round and the **Cottage Window Café** is open every Thursday-Sunday from 11am–3pm. A relaunched **bike hire scheme** will also get underway with a week-long focus on cycling activities from 9 October.

Regular updates are available at <http://facebook.com/silverburnpark>



*Duncan Mitchell and Fiona Young from FEAT outside the flax mill*



## Hello, I'm HeatherB

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Are you someone who would like to progress in your life, move forward and become the person you truly believe you can be?

If you put the time and effort into planning, persevering, working hard, not giving up and focussing on the end result, you too can move forward and make your goals and dreams a reality.



**Youtube video**



[https://youtu.be/bVOulJI-Z\\_U](https://youtu.be/bVOulJI-Z_U)

**Website**



<https://bemly.co.uk/>

Please see my introductory video,  
my website, or call me on  
+44 7858 391563

## Online Directory (“Community Directory”)

There is a directory of useful website and email addresses. It is hosted on the website of Largo Communities Together.

[www.largocommunitiestogether.org.uk](http://www.largocommunitiestogether.org.uk)



Or ... if you can use QR codes, scan this to take you straight to the Online Directory

Click on the button



Community Projects

### Defibrillators can be found at the following locations:

Largoward, Village Hall	25 St Andrews Road (A915) KY9 1HZ
Lower Largo	Zubi's Store (formerly Andy's) KY8 6BW
Lower Largo	Durham Hall KY8 6DL
Lundin Links	Lundin Golf Clubhouse KY8 6BA
Lundin Links	Lundin Golf Club Greenkeeper's Shed, Links Road
Lundin Links	Montrave Hall, 58 Leven Road KY8 6AJ
Lundin Links	Homelands Trust KY8 6AT
Lundin Links	Stuarts the Bakers KY8 6AQ
Lundin Links	Lundin Bowling Club, Largo Road KY8 6AH
New Gilston & Woodside	Village Hall KY8 5TF
Silverburn	Beside the Cottage Café window KY8 5PU
Upper Largo	Simpson Institute KY8 6EN
Upper Largo	Beside Largo Parish Church, KY8 6EH



## Contacting a Doctor out of hours

If urgent medical advice or assistance is required between 6pm – 8.30am please **phone 111** and your call will be answered by NHS 24

If the medical problem is an emergency – eg suspected heart attack or stroke, severe breathing difficulty, severe bleeding or severe injury - **phone 999 immediately**.

It is helpful to have the following details to hand:

### Personal Details:

- Name of caller **and**
- Name of patient
- Current Address (eg Largo House) **and**
- Usual Address
- Age of Patient (date of birth)
- Contact phone number
- Name and address of usual GP if registered in UK

### Clinical Details:

- List of medications is very helpful
- Previous medical history
- In order to ensure that they are speaking about the correct patient, you will be asked to give personal details initially to the call-handler and again to the triage nurse.

In addition, NHS 24 may be contacted for urgent care advice or mental health support at any time on 111

NHS Inform ([www.nhsinform.scot](http://www.nhsinform.scot)) has links to a useful symptom checker and contains self-help and care advice.

## Local Directory - Telephone Numbers

<b>LACRT Helpline</b>	0800 999 3465	Gingerbread Lone parent Helpline	01592 725 210
<b>Local Shops and Businesses:</b>		Levenmouth Police Station	0845 600 5702
Zaphar's Premier Store	01333 320 851	Levenmouth Foodbank	07966 502 854
Stuart's of Buckhaven	01333 320 213	National Domestic Abuse Helpline	0808 2000 247
Blacketyside Farm Shop + Meals	01333 423 034	National Emergency <i>Fire, Police, Ambulance</i>	999
Archer's Fish	07734 804844	NHS 24 (includes Mental Health Hub)	111
Lundin Links Pharmacy	01333 320 274	Over 50's Help	0800 1244 222
<b>All above are currently delivering</b>			
Zubi's Store (formerly Andy's)	01333 329 237	Psychological Services/Emotional Wellbeing of children	01592 583 349
Allan Moncrieff Alarms	01333 320 075	Samaritans	116123
Coates IT Consulting	01333 329 118	Scottish Gov. Business Helpline	0300 244 4000
Crusoe Hotel, Lower Largo	01333 406 775	Scottish Welfare Fund	0300 5550 265
Donaldson and Son Joiners & Undertakers		SAMH mental health ( <b>not crisis</b> )	0344 800 0550
	01333 360 228	<u>Scoonie Medical Practice</u> ( <i>Includes Leven Health Centre</i> ) Drs Hilton, Richardson, Andrew, Stevens, Cook, Barr, Stevenson & McDonald)	01333 432 588
Forth House Caravan Site	07718 788 317	Victoria Hospital Kirkcaldy	01592 643355
Headrush, Upper Largo	01333 360 437	Universal Credit Helpline	0800 328 5644
Hillhouse Boarding Cattery	01333 360 582	Women's Aid-Fife	0808 802 5555
Jane's at Nineteen	01333 320 266	Women's Aid-Scottish	0800 027 1234
Largo Library & Community Hub	01333 329 417	<b>Council &amp; Utilities Helpline Numbers:</b>	
Martha Watt Podiatry	07909 964 898	Fife Council	03451 550 000
Mercury Motorsport	01333 320 158	Fife Council Environment Services	03451 550 022
Monturpie Guest House & Caravan Park		Fife Social Work	03451 551 503
	01333 360 254	Fife Housing Register Emergency Accommodation.	03451 550 033
Old Manor Hotel	01333 320 368	Fife Council (Roadworks/Emergencies) (And out of hours)	03451 550 011 → 03451 550 099
Penny & Black	01333 320 415	Fife Rent issues	03451 550 044
Simpson Institute Bookings	01333 360 304	<b>Utilities Helpline Numbers:</b>	
The Finishing Touch	01333 320 956	Electricity Emergency	0800 092 9290
The Green Room (Florists)	01333 317 051	National Gas Helpline	0800 111 999
The Studio	01333 320 174	National Power Cut Helpline (from a mobile)	105
The Taxi Centre	01333 300 300	Scottish Power	0800 027 0072
Upper Largo Hotel	01333 360 347	Scottish Water Emergencies	08000 788 788
Upper Largo Chandlery	01333 360 217	SEPA Floodline	0345 988 1188
Vintage Barber, Lundin Links	07562 390 361	<b>Politicians, Councillors, Churches</b>	
Woodland Gardens Caravan and Camping Site	01333 360 319	MPs / MSPs	
<b>Medical and Mental Health Helpline Numbers:</b>			
Age Scotland Helpline: <i>Confidential service for older people, carers and families. Call free</i>	0800 12 44 222	Wendy Chamberlain, MP	01334 656 361
Breathing Space ( <i>low mood/anxiety</i> )	0800 83 85 87	Jenny Gilruth, MSP	01592 764 815
Carers UK	0808 808 7777	<b>Local Councillors:</b>	
Childline UK	0800 1111	David Alexander	01333 351 014
Citizens Advice and Rights, Fife.	0345 1400 095	Eugene Clarke	07917 039 683
Community Police and Police Scotland	101	Colin Davidson	07864 619 335
Continuing Care North East Fife	0746 888 7900	Alistair Suttie	07515 289 170
Cosy Kingdom: <i>Telephone advice service for any energy billing or supplier issues</i>	01592 807 930	Alternative number for Councillors	03451 555 555 Ext 44232
Covid 19 Community Helpline	0800 952 0330	<b>Local Churches:</b>	
Deaths/Still Births Registrations	0345 155 0099	Largo Parish Church	01334 781 142
Dental Advice Helpline	01592 226 555	St Agatha's & St Giles RC	01333 423 809
East Neuk Emergency Planning Team ( <i>ENCEPT</i> )	0800 999 6543	St Margaret's Episcopal Church	01333 426 609
Fire and Rescue	01333 424 719	Coastline Baptist Church (Pittenweem))	01333 312 041
Fife Covid 19 Helpline	0800 952 0330		

## Largo Links Events Diary - Regular Events

Church of Scotland.....	Sundays.....	10:30am service in the Largo Church <i>last Sunday of each month..... service will be in the Durham Hall</i>
Sunday Jam @ The Aurrie.....		Check times under occasional events
Community Council.....	Third Mon ex July & Dec.....	7pm – venues listed below & check website
Upper Largo Camera Club...	2nd & 4th Monday, monthly..	7.30 pm Simpson Institute, Upper Largo
Therapeutic Arts Class.....	Mondays.....	12 → 2pm Paxton Centre, Homelands
Social Squash.....	Mondays.....	6 → 7.30pm, Lundin Sports Club (for visitors)
Social Table Tennis.....	Mondays.....	7.30 → 9pm, Lundin Sports Club (for visitors)
Mindful Partnership.....	Mondays.....	2pm Session Paxton Centre, Homelands
Pilates.....	Mondays.....	6 → 7pm, Simpson Institute
Yoga.....	Mondays.....	10am, Montrave Hall, Lundin Links
Lundin Links Karate Club..	Mondays & Thursdays.....	6→7pm, Montrave Hall
Bridge Club.....	Tuesdays.....	6:30pm→9:30pm, Durham Hall, Lower Largo
Rollercoasters.....	Tuesdays.....	10.30, Paxton Centre, Homelands
Lower Largo Friendship Group.	Tuesdays & Thursdays.....	Lunch, Paxton Centre, (starting soon)
Community Choir.....	Tuesdays.....	7.00pm, Montrave Hall
Book Bairns.....	Tuesdays.....	3.05pm → 4.30pm, Largo Library
Junior Tennis Coaching....	Tuesdays & Fridays.....	3.15 → 6.0pm, Lundin Sports Club
Warm Spaces Initiative....	Tuesdays.....	11am → 1pm, Simpson Institute, Upper Largo
Arts Society Lectures.....	Tuesdays (Sept. to June).....	2pm Corn Exchange, Cupar
Games Night.....	Wednesdays.....	6.30 → 10.0 pm, The Aurrie, Lower Largo
Country Dancing.....	Wednesdays.....	2pm → 4pm, Durham Hall (from 14 <sup>th</sup> Sept)
Dance Class.....	Wednesdays.....	7.30 → 9.30pm, Simpson Institute
Largo Bay Art Society.....	Wednesdays.....	7→ 9pm, Durham Hall, Lower Largo
Pilates Class.....	Wednesdays.....	6→7pm, Simpson Institute
Reading Round.....	Wednesdays.....	10.30 → 12noon, Paxton Centre, Homelands
Warm Spaces Initiative....	Wednesdays.....	12 noon → 1pm Largo Library & Community Hub:
Yoga.....	Wednesdays.....	6.45pm, Montrave Hall
Largo Senior Sides.....	Wednesdays.....	from 6.15pm. Largo Cricket Club
Music Group.....	Wednesdays.....	7pm → 9pm, The Stables, Upper Largo
Art Club.....	Thursdays.....	2pm, Montrave Hall
George the Potter.....	Thursdays.....	Noon → 3pm & 6pm → 9pm, The Stables
Drop-in Coffee Morning....	Thursdays.....	10.15 → 11.30am, Simpson Institute
Pilates Class.....	Thursdays.....	6.30 → 7.30pm, Durham Hall
Mindful Partnership.....	Thursdays.....	2pm Session, Paxton Centre, Homelands
Warm Spaces Initiative....	Thursdays (fortnightly).....	11am → 1pm, New Gilston Village Hall
SWI.....	3 <sup>rd</sup> Thursdays excl. July.....	7.30 pm, New Gilston Village Hall
Inspire Theatre Workshop.	Fridays (term time only).....	3.45pm, Montrave Hall
Largo Lions: P2 to S6.....	Fridays.....	6.15pm- 7.45pm Largo Cricket Club
Largo Parents and Tots....	Saturdays.....	10.00 → 11am, Largo Library
Craft Class.....	Saturdays.....	10.30 → 12.30 Paxton Centre, Homelands

# Largo Links Events Diary - Occasional Events

## September 2023

Pick Your Own Flowers.....	Saturday 9 <sup>th</sup> .....	11am & 2pm. Largo Walled Garden
Horticultural Society .....	Monday 11 .....	7pm, Simpson Institute, Upper Largo
Breathe at the Barns .....	Sunday 17 .....	Pratis Barns
An afternoon with Luthrie Lockdown.	Sunday 17 .....	2pm-4pm, The Aurrie,68 Main St. Lower Largo
Community Council .....	Monday 18 .....	7pm- Durham Hall, Lower Largo
New Gilston & Woodside SWI.....	Thursday 21 .....	7.30pm, New Gilston Hall
Coastbuster Walk.....	Saturday 23 .....	10.30am, Anstruther to Crail
Largo Parish Church .....	400 <sup>th</sup> anniversary celebrations	Tu 26 <sup>th</sup> Sep – Sun 1 Oct

## October 2023

Richard Jobson & Martin Metcalfe ....	Sunday 8 .....	5pm→8pm, The Aurrie,68 Main St. Lower Largo
Community Council .....	Monday 16 .....	7pm- The Stables, Upper Largo
New Gilston & Woodside SWI.....	Thursday 19.....	7.30pm, New Gilston Hall
Science Saturday .....	Saturday 28 .....	1pm, Largo Library & Community Hub
Coastbuster Walk.....	Saturday 28 .....	10.30am, see contact details in article page 30

## November 2023

Book Bairns with Andrew Steed.....	Tuesday 14 .....	3:15 pm, Largo Library & Community Hub
New Gilston & Woodside SWI.....	Thursday 16.....	7,30pm, New Gilston Hall
The Winter Collective .....	Sunday 19 .....	Pratis Barns
Community Council .....	Monday 20.....	7pm, The Stables, Upper Largo.
Coastbuster Walk.....	Saturday 25 .....	10.30am, see contact details in article page 30
Open Mic night .....	Friday 17.....	7pm, Largo Library (for Book weekend Scotland)
Book Bairns with June Campbell .....	Saturday 18 .....	12 noon, Largo Library & Community Hub
Science Saturday .....	Saturday 25 .....	1pm, Largo Library & Community Hub
Festive Workshops.....	Sunday 26 .....	Pratis Barns

## December 2023

New Gilston & Woodside SWI.....	Saturday 2 .....	1pm, Christmas Lunch @ Pitlessie Inn
Largo Arts Winter Weekend .....	Sat.2 & Sun3 .....	Open Studios and more!
Christmas Party Night .....	Friday 8.....	Pratis Barns
Christmas Party Night .....	Saturday 9 .....	Pratis Barns
Family Festive Film .....	Saturday 9 .....	2pm, Largo Library & Community Hub
Festive Film Night .....	Saturday 9 .....	7pm, Largo Library & Community Hub
Christmas Lunch .....	Sunday 10 .....	Pratis Barns
Santa Visits Pratis .....	Saturday 16 .....	Pratis barns
Santa Visits Pratis .....	Sunday 17 .....	Pratis barns
Coastbuster Walk.....	Saturday 23 .....	10.30am, see contact details in article page 30
Hogmanay Party .....	Sunday 31 .....	Pratis Barns

## Notes

- Simpson Institute.....enquiries to: [simpson.institute@gmail.com](mailto:simpson.institute@gmail.com) or phone 01333 360 663*
- Montrave Hall.....enquiries to: [montravehall@gmail.com](mailto:montravehall@gmail.com)*
- Durham Hall & The Stables.....enquires to: [hallbookinglargochurch@gmail.com](mailto:hallbookinglargochurch@gmail.com)*
- Sunday Jam @ The Aurrie.....Come along on the last Sunday of every month to join in with an informal jam collaboration of singers, musicians and poets of all abilities*



# Beautiful blooms & gorgeous gardens

The Green Rooms team of talented florists have been creating beautiful bouquets and giving venues some va-va voom for the last 10 years. From weddings to anniversaries, birthdays to baby showers, we can bring colourful creations to any occasion.

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Visit us at [greenroomflorist.co.uk](http://greenroomflorist.co.uk), email [flowers@greenroomflorist.co.uk](mailto:flowers@greenroomflorist.co.uk), call 01333 317051 or pop along and see us at Blacketyside Farm Shop in Leven.

